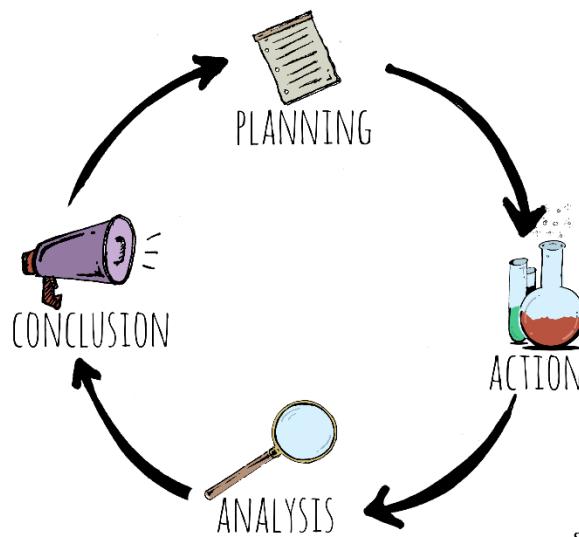


Action Research as a Learning Tool

Pacey
2016: "Reflective practice is the process of thinking about and analysing your practice, with the aim of challenging, changing, modifying, developing and improving it"

ACTION RESEARCH CYCLE VISUAL BY JOHN SPENCER



Our students come equipped with sector experience and the professional skill of reflection, at varying levels. We build on these skills with a module focusing on reflection and how to conduct a literature review, prior to their first small scale action research project. (Marshall 2020)

"Involving yourself in research helps to make your learning active and makes it relevant and exciting...involves a sense of your personal reflection in which you ponder and make sense of what you have learnt." p5 (2016)Needham



Characteristics Statement,
Foundation Degree (p8, 2020)
"Foundation degree courses encourage lifelong learning by providing sufficient opportunity for self-directed learning and reflection."

• Student Feedback

I definitely believe that having the choice of theorist made me more motivated for the task as it gave me a bit more control of what I wanted to achieve from the outcome of the observations in the setting. Some theories can be challenging and hard to understand...having personal choice over this can lead to the learner enhancing their understanding and knowledge on theory. I personally found that doing my own research on a theorist made me more confident in understanding the theory they portray meaning I was then able to extend my knowledge. This then allowed me to have the confidence and understanding to see how the theory links to my practice in the workplace for the action research but also to continue to use for future practice

• Tritton (2020), level 5 student

"Adult learners like to be more independent and in control of their own studies: they are intrinsically motivated and wish to be given options and have their views respected"

Dryden (2013) p2

- yes, I did feel more motivated as it gave me a chance to explore a theorist that I was interested in. This helped me in other assignments as I could start linking theories and theorists together.
- Evans,(2020) level 4 student

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