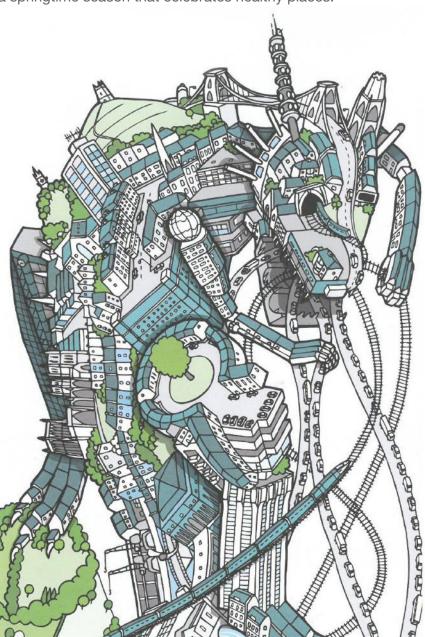
## **Bristol Architecture Centre**

## Healthier by Design

How can we design buildings and places that encourage health and happiness? This season we launch a new programme looking at how the built environment shapes our physical and mental well-being. We begin with our Spring Green season, Living City, which uses the analogy of body, mind and spirit to explore how we can make cities more 'liveable'. We're also looking forward to BIG Green Week, Bristol Walking Festival and Children's Art Week, so join us for a springtime season that celebrates healthy places.



## Living City The Anatomy of a Green Capital

Exhibition: 7 May to 10 August

'Health is a state of complete physical, mental and social well-being – not merely the absence of disease or infirmity.' World Health Organisation

Just as the health of individuals is maintained by balancing body, mind and spirit, the health of a city also relies on a shared condition of physical, mental and social well-being. Using a 'city as body' analogy, this exhibition explores how we can create urban environments that promote the health and happiness of all those who live, work and socialise in them.

The exhibition centres around a model made by Amalgam for the Centre of Sustainable Energy, as well as case studies and key documents, alongside activities for families and a large unusual portrait of Bristol by artist Andy Council.

## BDP will present a trio of Body: Mind: Spirit talks on

- Tuesday 12 June
- Thursday 26 June
- Thursday 3 July

BDP.